



# Dinner AT AMELIA'S

## FIELD TO FORK

The South West has a rich larder of food and drink and we take pride in celebrating the incredible culinary treasures found right here in Devon and Cornwall.

For us, championing local businesses and keeping food miles to a minimum is core to what we do. Our field to fork menu is a love letter to the region, featuring premium, mouthwatering local ingredients that make every bite an experience.

### Oven Baked Sea Bass **GF** 15.95

On a bed of minted crushed new potatoes, served with a tomato & chilli sauce and topped with dressed rocket

### Crispy Belly Pork **GF DF** 15.95

Served on a bed of wholegrain mustard mashed potato with mixed seasonal vegetables and finished with a cider jus

### Braised Brisket **GF** 16.95

On a bed of onion mash with seasonal veg, chestnut & apricot stuffing and finished with a red wine jus

### Mushroom Stacker **VE** 13.95

Portobello mushroom stacked with homemade ratatouille & grilled halloumi and topped with dressed rocket

## LOADED FRIES & NACHOS

### Katsu Chicken Loaded Fries **GFA** 12.95

Crispy breaded chicken breast with mixed peppers & onions tossed in a katsu curry sauce

### Mac & Cheese Loaded Fries 12.95

Seasoned fries topped with Mac & Cheese, tossed in a cheese & jalapeño sauce topped with crispy bacon & chives

### Cofton Nachos **GFA VEA** 12.95

A pile of nachos smothered in guacamole, chilli salsa, sour cream, stringy cheese & jalapeños

**NACHO EXTRAS** Add Beef or Five Bean Chilli **£2.50** Add Pulled Pork **£3.50**

## SIDES & EXTRAS

Fries/Chunk Chips	4.50	Cheesy Garlic Bread <b>GFA</b>	5.75
Cheesy Fries	5.95	House Salad	3.95
Onion Rings	4.95	Seasonal Veg	3.95
Garlic Bread <b>GFA</b>	4.25	Slaw	3.95

**INVISIBLE CHIPS** (ADD A SIDE OF KINDNESS TO YOUR ORDER) **£2**

All of the goodness... None of the guilt! 100% of the proceeds will be donated to Rowcroft Hospice which provides unparalleled care for the terminally ill in our local community.



## COFTON CLASSICS

### Fish & Chips **GF** 15.95

Gluten free battered fish from Brixham, Koffman's chunky chips, minted mushy peas & homemade tartare sauce

### Ham, Egg & Chips **GF** 13.95

Honey roasted ham served with a free range egg, Koffman's chunky chips and a salad garnish

### Liver & Bacon **GF** 13.95

Calves liver & bacon in onion gravy on a bed of fluffy mashed potato with seasonal veg

### Cofton Ploughmans **GFA VA** 14.95

Honey roasted ham, Taw Valley Cheddar, Devon Blue, lettuce, cucumber, tomatoes, silverskin onions, pickled red cabbage, grapes served with a warm ciabatta and local Jail Ale chutney

### Chicken Tikka Masala **GF DF** 15.95

Served with fragrant rice, mango chutney and a poppadom

### Pea & Asparagus Risotto **GF VE** 13.95

Topped with dressed rocket & Parmesan shavings served with garlic bread

## COFTON GRILLS

### Cofton Smash Burger **GFA** 14.95

Two homemade smash burger patties with melted Taw Valley Cheddar, gherkin and our Cofton burger relish on a toasted brioche bun served with seasoned fries & slaw

### Kickin' Chicken Burger **GFA** 14.95

Crispy chicken topped with melted Taw Valley Cheddar, tomato, crispy onions, and BBQ bacon mayo on a toasted brioche bun served with seasoned fries & slaw

### Garden Stack Burger **GFA VE** 14.95

Veggie patty with coriander, chilli, lemongrass & lime leaf coated in black onion seeds, with halloumi, tomato, lettuce, gherkins and a chilli & tomato relish on a toasted brioche bun served with seasoned fries & slaw

**EXTRAS** Double Up **£3** Add Bacon **£1.50** Add Egg **£1.50** Add Pulled Pork **£3.50**

### 10oz Ribeye Steak **GF** 24.95

10oz ribeye steak served with Koffman's chunky chips, roasted tomato, mushroom and dressed rocket

### 8oz Rump Steak **GF** 19.95

8oz rump steak served with Koffman's chunky chips, roasted tomato, mushroom and dressed rocket

### 10oz Gammon Steak **GF** 15.95

10oz horseshoe gammon steak, two fried eggs and grilled tomato with Koffman's chunky chips

### Herb Roasted Butterfly Chicken **GF** 13.95

Roasted lemon & thyme butterfly chicken. Served with Koffman's chunky chips, onion rings, mixed leaves & slaw

**STEAK EXTRAS** Sauces (Pepper, Stilton or Diane) **£2.50** Surf's Up (Add prawns) **£3**

We use nuts in the kitchen. Please ask a member of staff if you require any allergen information or have any special dietary requirements. Thank you.

GOOSEMORE FOOD SERVICE ●

WILLIAMS  
POTATOES ●

R D JOHNS ●

RYDER'S BAKERY ●

FOREST  
FUNGI ●

SALCOMBE  
BREWERY ●

# Dinner AT AMELIA'S

① DINING AT COFTON

## OUR STORY

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Our commitment to sustainability and sourcing local produce goes beyond the plate. We actively engage with local suppliers, seeking inspiration to manage our environmental impact and extend the range of sustainably sourced and quality seasonal ingredients to use in our kitchen from as close to Cofton as possible.

To keep our menus fresh and exciting we're always looking to introduce more mouthwatering dishes to delight your taste buds, regardless of dietary preferences. This includes offering gluten free menu alternatives to most dishes including a gluten-free batter created by our chef that is so good, we're using it to replace our regular batter.

So get ready to embark on a tantalising adventure and experience a proper taste of Devon

*Enjoy!*



COFTON  
HOLIDAYS

### ALLERGENS & DIETARY REQUIREMENTS

V = Vegetarian VE = Vegan DF = Dairy Free GF = Gluten Free VEA = Vegan Available GFA = Gluten Free Available